

# Wisconsin Water Warriors

**Date:** November 1, 2024 – December 31, 2024

**Place:** Your local pool

Time to push the limits again! We had a great turnout last year with many new participants. It is nice to see the event grow again after COVID.

The goal of this event is to swim as many yards as you can. Challenge yourself for this annual event. Be motivated to swim during the upcoming holiday season, so you don't feel guilty about indulging. You can choose any 2-week period (14 consecutive days) of swimming between November and December of this year. You will be competing against other Wisconsin USMS swimmers. You will not know what the others have swum until after the results are posted after the New Year. There will be great prizes awarded.

This event is only open to **Wisconsin USMS registered swimmers**. If you would like to join USMS, go to [www.usms.org](http://www.usms.org) and click on the "Join/Renew" button.

To participate in the event, simply e-mail or mail your results to (by January 15<sup>th</sup>):

**Melodee Liegl**  
**1287 Wilderness Trail**  
**Delafield, WI 53018**  
**E-mail: [WIFitness@usms.org](mailto:WIFitness@usms.org)**

**Information needed for results include:**

Swimmer's name: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Mailing address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Your age on the last day of your 2-week swim \_\_\_\_\_yrs

Gender:  Male  Female

Specify dates of 2-week swim: \_\_\_\_\_

**\*\*Remember to submit your results in yards. If you swim in a meter pool, multiply your results by 1.0936.**

Day	Date	Swimming yards*
Day 1		
Day 2		
Day 3		
Day 4		
Day 5		
Day 6		
Day 7		
Day 8		
Day 9		
Day 10		
Day 11		
Day 12		
Day 13		
Day 14		
Total		

**\*\*All swimmers will receive a confirmation that your entry was received. If you mail your results, please include a phone number to let you know your entry was received.**